

## **Outreach Services:**

Works closely with sexually active teens that are referred by the Health Dept. or schools and are seeking family planning services. Basic education is provided on adolescent health issues including: STD's, peer-pressure, self-esteem, social relationships, nutrition, fitness, sexuality, abstinence and secondary virginity.

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*The Regional Teen Pregnancy Prevention Coalition: Oversees the work of the Teen Pregnancy Prevention Office. It is a broad based community organization that strives to prevent teen pregnancies in our region through programming that educates teens, parents, and the community about the emotional, physical and financial risks and responsibilities of sexual activity and teen parenthood. The coalition supports community initiatives providing information to sexually active teens and preteens on the consistent use of effective contraception; however, it's main emphasis is promoting the postponement of initial sex and to discontinue voluntary sexual intercourse until marriage.*

*The Coalition meets six times per year. Currently there are 26 members supporting the Teen Pregnancy Prevention efforts.*



**For More Information on  
Teen Pregnancy Prevention,  
Please Contact:**

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**For your local valley teen web visit:**

**[www.generationnow.info](http://www.generationnow.info)**

# *Teen Pregnancy Prevention*

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# Teen Pregnancy Prevention Programs

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## Baby Think It Over:

Is a computerized infant simulator. This program is offered to seventh graders in Waynesboro, Staunton and Augusta County schools. The parenting simulation is designed to help youth understand that a baby can change a parent's life profoundly. The program helps our students explore the physical, emotional, social and financial consequences of parenthood.

The infant simulator, or 'baby' will cry at random unpredictable times 24 hours a day and require the participant to care for it by inserting and turning the care key in its back.

The 'baby' has an electronic box that shows 4 different scores on which the schools grade each youth. They are as follows: Tampering— attempting to take out batteries, Abuse— kicking, pushing, dropping etc., Neglect— baby cried too long and number of minutes cried. The students also keep a diary of their experience.



## Vision of You:

Is an abstinence-based program offered to middle and high school students throughout our area. It utilizes the Game Plan and Navigator curriculum along with community speakers. The curriculum focuses on decision-making skills in hopes of encouraging youth to recognize the harmful consequences of poor choices and the importance of healthy decision making.

If a student participates in this program, he/she has the potential to learn more about refusal/negotiation skills, the effects of sexually transmitted diseases, AIDS, and the difficulties associated with parenting as a teenager.

Students explore the attitudes and values about relationships, gender roles and risk taking behaviors. This increase in knowledge, as well as life management skills and options, may delay a student in having sexual intercourse and decrease his/her chance of experiencing a teen pregnancy.

Incentives/door prizes are awarded.



## Family Life Education:

Is given to all fourth and fifth graders in the City of Waynesboro schools. The Teen Pregnancy Prevention staff teach the "sensitive area" portion of this curriculum. This consists of issues relating to changes that take place during puberty, why this happens, and approximately when it will start. The students learn about the reproductive systems of both males and females along with the importance of good hygiene.

It is stressed that maturity does not automatically come with age, and that healthy decisions play a big part.



At the end of these sessions the fourth graders will be able to discuss topics concerning fertilization and birth. The fifth graders will have knowledge and be able to discuss issues concerning the consequences of early sexual activity, conception and birth.

The program concludes with an evening session titled "Girl/Guy Talk" with parents invited to a gender-specific fun interactive evening with their child.