

# CENTRAL SHENANDOAH HEALTH DISTRICT WEEKLY COVID-19 UPDATE

Week of: November 16<sup>th</sup>

## WHAT'S NEW:

- **CSHD Weekly Update!** Our team at the Central Shenandoah Health District (CSHD) is excited to introduce our weekly COVID-19 update. This update will be released weekly on Mondays and will include targeted messaging, trends in cases, snapshots on CDC and VDH guidance, as well as the schedule for free testing in our health district. For any questions about the weekly update, please email [cshdinfo@vdh.virginia.gov](mailto:cshdinfo@vdh.virginia.gov).
- **District COVID-19 Activity:** Our district is seeing a surge in COVID-19 activity, similar to what we are seeing statewide and nationwide. This surge is largely due to outbreaks in congregate living facilities as well as multiple community based outbreaks linked to large, social gatherings. Within our region, we are seeing moderate to high burden of disease. We are approaching substantial community transmission. Find out more at: <https://www.vdh.virginia.gov/coronavirus/key-measures/pandemic-metrics>
- **Amended Governor's Executive Orders:** Governor [Ralph Northam amended Executive Orders 63 & 67](#) on Friday, November 13<sup>th</sup>. Key points are as follows:
  - **All public and private in-person gatherings must be limited to 25 individuals**, down from the 250 people cap. This includes outdoor and indoor settings.
  - **Mandatory masking in public places has been expanded to include all Virginians aged 5 and over**, a change from the current requirement of all Virginians age 10 and over.
  - **On-site alcohol sale, consumption, and possession of alcohol is prohibited after 10:00pm** in any restaurant, distillery, winery, or tasting room.
  - **Violations of regulations for all essential retail businesses**, including grocery stores and pharmacies must adhere to statewide guidelines for physical distancing, wearing a face covering, and enhanced cleaning, are now enforceable through the Virginia Department of Health as a Class One misdemeanor.

## TESTING SNAP SHOT:

The Central Shenandoah Health District will be conducting several free COVID-19 drive thru testing events this week:

- **Nov 17** 9a-12p, Augusta Health Lexington Primary Care, *Lexington*
- **Nov 17** 2p-6p, \*Mary Baldwin University, *Staunton*
- **Nov 18** 9a-12p, Augusta County Government Center, *Verona*
- **Nov 18** 2p-6p \*JMU University Park, *Harrisonburg*
- **Nov 19** 10a-12p, Raphine Velocity Care, *Raphine*
- **Nov 19** 2p-5p, \*Virginia Military Institute, *Lexington*
- **Nov 20** 7:30a-10:30, Hillandale Park, *Harrisonburg*

*\*Targeted testing for higher education students, faculty and staff*

For information on registration for these events, follow the [Central Shenandoah Health District](#) on Facebook.

For more options on COVID-19 testing in the area, visit: <https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/>

## Prevention Reminders:

- ✓ Plan now for gathering responsibly at Thanksgiving.
- ✓ Learn about [low, moderate, and high risk](#) Thanksgiving activities.
- ✓ **W**atch distance, **W**ear a face covering, & **W**ash hands.
- ✓ [Stay home and away](#) from others when you feel unwell.
- ✓ Remember that [you CANNOT test out of quarantine](#) if you were exposed to COVID-19.

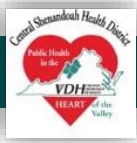
## Health Education:

Introducing the [Central Shenandoah Health District YouTube Channel!](#) Visit our channel for our COVID Conversations video series. Our top watched videos are:

- [Trauma Informed Teaching During a Pandemic Pt 1](#)
- [Trauma Informed Teaching During a Pandemic Pt 2](#)
- [Quarantine vs. Isolation](#)

**FOR MORE INFORMATION ABOUT COVID-19, VISIT:**

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>



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## COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags.  
Negative numbers indicate data corrections, since March 2020.

	Daily case count*	New cases, 7-day avg.	Total cases	Total hospitalizations	Total deaths
Augusta	9	9	870	35	10
Staunton City	4	3	500	19	9
Waynesboro City	11	5	462	13	4
Rockbridge	5	4	202	8	3
Lexington City	2	1	293	6	2
Buena Vista City	12	5	173	6	1
Rockingham	16	13	1,978	136	29
Harrisonburg City	9	7	3,256	103	36
Bath	3	1	39	1	0
Highland	0	0	14	0	0
Central Shenandoah Health District <b>TOTAL</b>	<b>71</b>	<b>48</b>	<b>7,787</b>	<b>327</b>	<b>94</b>

\*As reported at 10:00 AM on November 16<sup>th</sup>

For more information on COVID-19 data, please visit:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

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